Academic Success

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It's more than just showing up



What are some student support services that you already know about at Montana Tech?

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ACE Tutoring Center

The goal of the Academic Center for Excellence (ACE) at Montana Tech is to assist and empower students to succeed and excel academically, persist through graduation, prepare for graduate and professional endeavors, and develop an appreciation for lifelong learning.

What Subjects Does ACE Offer for Tutoring?



Drop-In Tutoring

- Math Lab (M065-M171)
- Calculus (M172-M274)
- Chemistry (CHMY 121-142)
- Physics (PHSX 121-238)



Appointment-Based Tutoring

- Writing Consultants
- Organic Chemistry
- Engineering Courses
- Statics
- Business Courses
- Other just ask!



Why should I go to tutoring?

- Strengthen subject comprehension
- Boost confidence
- Build learning skills (Academic coaching)
- Required for class? (Writing Consultant)
- Earn better grades
- Connect to other students in your class or program

Tutoring ≠ you are not smart



Academic Advising

Academic advising is a critical component of your educational experience, because it empowers you, the student, to make critical decisions about your career goals.

Meet your Montana Tech Advisor! <u>https://mtech.edu/advising/advisors.html</u>



- Schedule regular appointments with your advisor
 - Check In
 - 20th Day
 - 40th Day/Mid Terms
 - Registration
 - Whenever you have a question or concern about your academics



Collaborate to Graduate

Connect with your program

Learn about what's happening on campus

Raise aspirations and set goals

It's more than just registration



What's the point of academic advising?



68% of returning students and 70% of faculty report that advising is "Very Important"

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"For this semester, I didn't go to an advisor. I chose to skip, and I think I'm sort of paying the price for it" up to 80% of students change their major – academic advising can help you stay on a path toward graduation instead of going in reverse

https://www.ccsse.org/nr2018/Show_Me_The_Way.pdf

https://nacada.ksu.edu/Resources/Academic-Advising-Today/View-Articles/Academic-Advising-and-Institutional-Success.aspx

Academic Success Coach

Help achieving goals – identify and overcome academic challenges

Academic Success Coaching

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- Effective study strategies
- Time management
- Setting/working towards goals
- Finding and connecting with campus resources
- Motivation

Disability Services and Accommodations

Montana Tech is committed to making campus more accessible to students by providing reasonable accommodations and striving to remove barriers.

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Disability Services and Accommodations Support

- If you had accommodations in high school (IEP or 504 Plan)
- Diagnosed with a disability

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• Temporary disability/injury

- "Level playing field"
- Access, not success

International Services

The office of International Services supports international students, employees, and scholars as they strive to achieve their educational, professional, and personal objectives. Our office assists international students' transition to life in the U.S.. and at Montana Tech

I Subject

Common Questions and Helpful Hints for International Students

- How many credits do I need to take each semester?
- What documents do I need to have legal status as a students?
- Can I work while I'm in the United States?
- Do I need to file taxes?
- Can I change my major?

- Check in with Margie every semester
- Engage with campus and other members of the community
 - Join a club, participate in activities, explore Butte!

One more thing... Go TO SLEEP!

l'm serious.

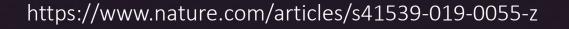
Why is sleep so important?

- Removal of waste products from brain cells
- Organization/consolidation of memories

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• Increased "plasticity" or ability to adapt to input

- Better quality, longer duration, greater consistency correlated with higher grades overall
- Sleep inconsistency (little sleep during the week and trying to catch up on "sleep debt" over the weekend) correlated with lower grades
- Aim for approximately 8hrs, wind down for quality sleep



THANKYOU



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https://www.mtech.edu/ace/academic-success-coaching/acac.-success.-coach.html