

## Student Resource Packet

### Campus Services

All of these services are FREE to students!

- [Academic Advising](#)
- [Activities & Clubs](#)
- [Career Services](#)
- [Counseling](#)
- [Disability Services](#)
- [Enrollment Services](#)
- [Financial Aid](#)
- [Health Center](#)
- [Information Technology \(I.T.\)](#)
- [TRIO](#)
- [Testing Center](#)
- [Tutoring & Writing Center](#)
- [University Library](#)
- [Veterans Services](#)

### Assistive Technology

Montana Tech offers free access to the following resources:

- [AccessText](#)
- [Bookshare](#)
- [Read&Write](#)
- [SmartPens](#) & [C-Pens](#)
  - For help using a Livescribe SmartPen, see North Idaho College's [helpful instructions](#).

### Other free or low-cost options

#### eBook & audiobook

- [Overdrive](#)
- [Project Gutenberg](#)
- [TTSReader](#)

### **Text-to-speech**

- [Balabolka](#)
- [CaptiVoice](#)
- [NaturalReader](#)

## **Academic and Career Goals**

### **Skill Building**

#### **Focusing & Concentration**

- [5 Psychological Tips to Stay Focused in School](#)
- [5 Ways to Build Focus and Concentration](#)
- [Planning Tools](#)
- [Time Management](#)

#### **Note Taking**

- [5 Best Methods](#)
- [Taking Notes: Crash Course Study Skills](#)
- [Tips from the University of Washington](#)

#### **Resiliency and Self-Advocacy**

- [Best Practices in Self-Advocacy](#)
- [Coping with Setbacks](#)
- [Self-Advocating as a Student with a Learning Disability](#)
- [Self-Advocacy Skills](#)
- [Talking to Professors](#)

#### **Test Anxiety**

- [10 Tops to Reduce Test Anxiety](#)
- [Beat Test Anxiety and Take Exams without Stress](#)
- [Crash Course Study Skill](#)

- [How to Overcome Test Anxiety](#)
- [Test Taking and Studying Strategies](#)
- [Tips to Overcome Test Anxiety from a Medical Student](#)

### **Additional Resources**

- [Assignment Calculator](#) – Put in your due date for assignments and plan out your timeline and the steps to completion.
- [Digital Resources for Autistic Students](#) - A comprehensive list of digital resources for students with autism.
- [Docs with Disabilities](#) – A great podcast for Nursing and RadTech students, Docs with Disabilities aims to build more accessible educational environments for trainees with disabilities and increase representation of disabled clinicians and scientists in biomedicine.
- [Trello](#) - This board lists accessible technology and software based on your need and budget.

### **Jobs & Internships**

- [ADA National Network – Employment Resource Hub](#)
- [Disability Management Employer Coalition](#)
- [Entry Point! - Internships for STEM](#)
- [Job Accommodation Network](#)
- [Office of Disability Employment Policy](#)
- [Resource Guide for Employers](#)
- [Workforce Recruitment Program](#)